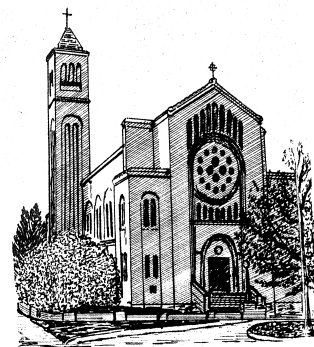


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)



5th Sunday in Ord.
Time, Year B
4 February 2024

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne



YEAR OF THE
HOLY SPIRIT
August 2023– 2024

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets, Yarralumla ACT

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday & Public Holidays:
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Adoration

St Christopher's

Monday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun 4:45pm

Baptisms

St Christopher's:

2nd & 4th Sundays: 12.30pm

St Peter Chanel's:

3rd Sunday: 10:30am

Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

WORD OF GOD SUNDAY

The Church in Australia celebrates Word of God Sunday on the first Sunday of February each year, this is a relatively new feast, today will be only the fourth time we have celebrated it. His Holiness Pope Francis established this feast for the purpose of Catholics to celebrate, revere and foster devotion and familiarity with the Sacred Scriptures.

The Bible, our Sacred Scriptures are God's Word to us. The bible is a crucial tool in coming to know and understand God. If we seek to grow closer to God, understanding the message He has left for us is a must. Familiarity with the Bible is a wonderful thing. No other book will be as personal, the bible will be read at your funeral, your children's weddings, your grandchildren's baptisms. The most important parts of our life are punctuated with readings from scripture.

Closeness and familiarity with scripture has become rare, there's a few fears which hold people back from growing close to the scriptures:

People are afraid of what others might think of them -

Our response to this fear must be self-confidence, there is nothing wrong with reading the Bible.

It feels overwhelming to read such a large book -

It's best to read it in parts, and remember there's no rush to finish the whole Bible, just like anything else it can be hard to know where to start, but don't let hesitation rob you of closeness with God.

The bible is complicated and feels like it is too much for a casual reader -

Here we're blessed to live in the age of the internet. There is a lot to the bible, and much of it seems strange to us, but don't panic, there are great resources out there to help make sense of difficult concepts or passages. Remember as well, the Bible is not a casual read, but something that we study.

Fear that the Bible is boring -

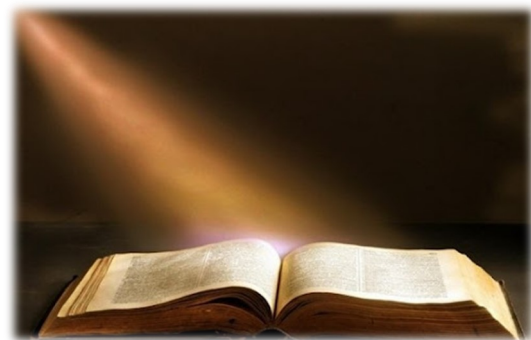
I've been reading the Bible each day for the last fifteen years, I have got to admit, some parts of the Bible are much duller than others. The secret to this is to ask for help, we're told that 'Every part of scripture is useful and good for teaching' if you struggle with a part, find out what the saints had to say about it.

They are afraid of what they might discover in the Bible -

This is a good problem to have, doubt is always an invitation to grow in faith, the greatest minds of the church and of history have wrestled with the Bible and have found their faith, don't panic if the Bible makes you ask questions, this is often how God challenges us to become closer to Him.

This Word of God Sunday, let's encourage each other to read our Bibles and to grow in knowledge and love of God.

God bless,



NOTICES

PARISH MINISTRIES

Director of Music
Ms Jaki Kane

RCIA
Miss Becky Langworthy
Contact Office

School of Religion
Miss Chiara Catanzariti

Youth Ministers
youth.cathedral@cg.org.au

Weekly Liturgical Calendar

Mon Feb 5 5th Week in Ord. Time
St Agatha

Tues Feb 6 5th Week in Ord. Time
St Paul Miki & companions

Wed Feb 7 5th Week in Ord. Time

Thu. Feb 8 5th Week in Ord. Time

Fri. Feb 9 5th Week in Ord. Time

Sat. Feb 10 5th Week in Ord. Time
St Scholastica

Sun Feb 11 6th SUNDAY in Ord. Time
Yr, B

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation
Saturday at 4:30pm SPC

Other Communities

Spanish Community
First Sunday of the month at
11.30am SPC

African Community
Second Sunday of the month at
11.45am SPC **begins Feb.**

Filipino Community
First Sunday bi-monthly at
5.00pm SPC

**For details of any of the
above, contact the Parish
Office.**

ASH WEDNESDAY MASSES

Wednesday 14 February 2024

St Christopher's Cathedral: 7:30am, 12:15pm & 5:30pm



Welcome Fr Leonse Kurian – In Fr Alex's absence, Fr Leonse will assist us in the Cathedral Parish. Fr Leonse will soon also join the Canberra Hospital ministry team as Chaplain. Ordained in 2003 at Palai-Kerala, Fr Leonse has had three appointments as parish priest. In 2016 Fr Leonse began his Australian journey and has ministered in Darwin, Adelaide, supply in Wagga Wagga diocese and most recently has been a hospital chaplain in Broken Bay. We welcome Fr Leonse!

EUTHANASIA (VAD) DRAFT LEGISLATION IN A.C.T- "MISTAKEN COMPASSION" - A letter from the Archbishop is available on the Cathedral website and copies in the Church foyer.

VOCATIONS DINNER at Archbishop's House—Thursday 8 February at 6pm. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To rsvp please contact vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.



February | Marriage Preparation Course—Upcoming Marriage Preparation courses for engaged couples: **FOCCUS - Tues 13th Feb 5-9pm** plus a private follow up session at CatholicCare. **Evenings for the Engaged - Sat 10th & 17th Feb 9-3pm.** **Engaged Encounter- Sydney, Sat 24 & Sun 25.** **SmartLoving** – online, 9 lessons, learn at your own pace when suits you. For more information contact marriage.preparation@cg.org.au To register go to www.marriagefamily.org.au **Enquiries:** Contact Lara Kirk on lara.kirk@cg.org.au or Helena Zobec on **0405 440 463**

AN EVENING WITH FR TIMOTHY RADCLIFFE OP— Fr Timothy Radcliffe OP was Master of the Order of Preachers from 1992 to 2001. A member of the community at Blackfriars, Oxford, he is the author of several very popular books and an internationally reputed speaker and retreat-giver. **Date:** Thursday **14 March 2024**, at Merci College, Wise Street Braddon. **5.30 -7.00pm Free Tickets:** <https://bit.ly/4blSurY>

ST THOMAS MOORE FORUM— How Christianity Triumphs in a Newly Pagan Society, **Wed 20 Mar 7.30pm- 9pm**, Speaker: Greg Sheridan, Foreign Editor, The Australian Newspaper & Author. Register Now: <https://bit.ly/stmf-200324> Engaging an AI Generation **Fri 14 Jun 6.45pm**, Speaker: Fr Rob Galea, Founder FRG Ministry. Register Now: <https://bit.ly/stmf-140624>

Loreto Ex Students' Reunion— in Canberra Saturday, **16 March 2024** For further details: loreto.canberra@gmail.com

SEEKING ACCOMODATION—A young catholic professional woman is moving to Canberra for work and is looking for a flatshare/granny flat to reside. A room in Barton, Kingston, Griffith, Forrest or Campbell is preferable with a flexible budget of approximately \$280-\$340 (open to consideration). Contact Jacinta on 0468 496 033.

NOTICES

Giving and Receiving— Direct debit and QKR options are available, as well as TapnGo machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit . **The First collection: contributes to clergy of the Archdiocese.** If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! instructions, visit cgcatholic.org.au/2016/10/something-beautiful-god/ **Thank you for your generosity**

LIVING WORD - ARCHDIOCESAN DAILY GOSPEL REFLECTIONS – Want to stay connected to Christ and his Gospel every day? Sign up for FREE AT cgcatholic.org.au/LivingWord/

CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

Caritas Australia's Gaza Crisis Appeal— The sudden escalation of hostilities in Israel and Gaza has seen unimaginable impacts for the people affected by this conflict. Around 1.5 million people have been displaced in Gaza with immediate food, shelter, health, and psychosocial needs. With your compassionate generosity, we can provide emergency support to people displaced and affected by the hostilities to meet basic needs and cope with trauma. **Please donate to Caritas Australia's Gaza Crisis Appeal.** You can donate online www.caritas.org.au/gaza or phone 1800 024 413

LENT 2024 WITH THE CATHOLIC GUY, BRUCE DOWNES— Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed! For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent> Go to BruceDownes.org for more information.

SECRETARY/ADMINISTRATION OFFICER POSITION—HOLY SPIRIT PARISH GUNGHALIN— Permanent Part-time, four days per week Tuesday—Friday 9am to 3:15pm. For the full job description and selection criteria, please visit the parish website: <https://www.holyspiritgungahlin.org.au/join-our-team/#more-47640> **Applications:** To apply, please provide a covering letter which includes your response to the Selection Criteria along with your CV to Fr Troy Bobbin at recruitment@holyspiritgungahlin.org.au. For more info, contact Theivani on 0472 921 518 or 62429622



Year of the Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light
Of the Holy Spirit,
Did instruct the hearts
Of the faithful,
Grant that by the same
Holy Spirit we may be
truly wise and ever rejoice in His
consolations.
Through the same
Christ our Lord

Amen.

AUGUST 2023— AUGUST 2024

We pray for...

Those to be baptised: Caterina Sergi

Those who are ill: Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Kevin Conlan, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Lauren Rochette, Alfonso Cadona, Saverio Calabria, Carlos & Francisca Abad, Anthony Osborne, Remigio & Maria Res, Pasquale Ciuffetelli, Noel Flanagan, Shannon Stevenson, Kenneth Mulach, Camillo Buhagiar, Helen Heffernan, Joyce Balnaves, Baby Georgia Morrison, Helen Richardson, Elsie Corkhill, Deceased Members of the O'Hanlon, Blackall, Eduardo Makaventa, Eugene Makaventa, Gorman & Proust Families, Claire Jones, Brianna Humphreys, Leo Biggs, Norma Roach, Gail Fenton

Recently Deceased: Meg Dooley, Joan Percy (mother of Father Tony Percy), Ray Finnegan, Margaret "Peggy" Byrnes, Giysetino Ricciuti, Rathesh Fernando (brother of Fr Rembert Fernando) Geraldine Conlan, Neville Reece, Zander Balmaceda, Kevin Wellspring (Father or Fr Julian Wellspring)



Cathedral QR code

Entrance Antiphon: O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

Responsorial: Praise the Lord who heals the broken-hearted

Gospel Acclamation: Alleluia, alleluia! He bore our sickness, and endured our suffering. Alleluia!

Communion Antiphon: Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things

First Reading

Job 7:1-4. 6-7

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

Second Reading

1 Corinthians 9:16-19. 22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Gospel

Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

READERS ROSTER FEBRUARY

		Lectors		Eucharistic Ministers	
Mass	3/4 Feb	10/11 Feb	3/4 Feb	10/11 Feb	
5.00pm (SCC)	Anthony Brierly Samantha Hazlett	Jacob Madden Liz Porra			
8.00am (SCC)	Zvon Seslja Dione Smith	Louise Zavone Joe Zavone			
9.30am (SPC)	Raphael Molu Tarinya Hannedege	Dominic Chin Clarice Poh			
11.00am (SCC)	Bronwen Grey Jacqui Ramesh	Leeann Galloway Jacqueline Hipwell	Jacqueline Hipwell Leeann Galloway		Bronwen Grey Mark Hyman
5.00pm (SCC)	Samuel Thatcher Sarah Thatcher	Crystal Lavien Francilia Gomes			

© The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. All rights reserved. The prayers are from the English Translation of the Roman Missal © 2010 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved.